City of Santa Fe

Mayor Javier M. Gonzales





2017 Youth Summit



The 2017 City of Santa Fe Youth Summit Report

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I. Introduction

The following report outlines the planning process, the agenda, and the outcomes of the 2017 City of Santa Fe Mayor's Youth Summit. The purpose of the Youth Summit was to invite youth from all socioeconomic backgrounds to discuss in-depth issues and concerns young people face in Santa Fe and to create a "Call to Action" plan that outlines solutions to improve the quality of life for youth in Santa Fe.

Utilizing the identified action plans which resulted from concerns needs and wants youth expressed at the 2015 Fall Youth Summit, the Mayor's Youth Advisory Board (MYAB) prioritized six critical action areas to focus on for the 2017 Youth Summit. In preparation for the summit the Children and Youth Commission and MYAB continued partnership with Eagle Rock Professional Development Center. Eagle Rock is a national leader in youth advocacy and works closely with school districts and youth services organizations across the United States to help those entities create healthy, high-functioning learning environments with the aim to improve student engagement.

Eagle Rock hosted several group training and facilitation sessions with a group of twenty (20) youth ages 14-20 who were identified as leaders and advocates within their schools or community.

Three hundred youth throughout Santa Fe to include private, public, tribal and charter high schools, and local disconnected and homeless youth participated in a half-day summit. During the summit, the youth leaders facilitated discussions with twelve participant groups on the six identified priority areas of change revealed by the 2015 Youth Summit and reinforcing the work done on the 2015 "Call to Action Plan."

II. Philosophy

Purpose and Goals of the Youth Summit

Mayor Javier M. Gonzales, the Santa Fe City Council, the Children and Youth Commission and the Mayor's Youth Advisory Board partnered with Eagle Rock to train the youth in leadership and facilitation tactics.

The goal of the Youth Summit was to strategically design 12 breakout sessions, as it related to the 6 priority areas. The intent of the breakout sessions was for the youth leaders to create focused discussion, encourage in-depth brainstorming and give updates on the initial action steps around the priority topic selected as their key concern.

III. The Planning Process

Mayor's Youth Advisory Board (MYAB)

The Mayor's Youth Advisory Board is an official City of Santa Fe Youth Board that provides input, suggestions or recommendations to the City Council and Mayor pertaining to matters affecting youth in the community.

Because the Youth Summit was a youth-driven event, the initial step in the planning process was to continue the partnership with Eagle Rock who is a nonprofit organization that continues to demonstrate successful experience in leading youth in focused group discussions.

2017 Youth Summit Identification of Seven Priority Areas

As a result of this half- day summit, youth participants received updates from the youth facilitators on community actions which came out of the 2015 youth summit, they were given the opportunity to make additional suggestions on the most common needs, wants and concerns they face in the community to include, but not limited to: Bullying, Alleviating Financial Stress, Lack of Community Activities, Support for Homeless Youth, Job Opportunities for Youth, Immigration, and Behavioral Health/Substance Abuse.

2017 Mayor's Youth Summit and Partnership with Eagle Rock for Training Youth Leaders

During the 2016-2017 school year, MYAB, the Children and Youth Commission and the recruited youth partnered with Eagle Rock Professional Development, a national leader in youth advocacy and training.





Eagle Rock's goal in partnership with Children and Youth Commission and MYAB was to train the youth on group facilitation skills with a strong focus on development of action plans to address the need, want or concern identified as key priority areas revealed and discussed during 2015 Fall Youth Summit.





Eagle Rock hosted a series of training sessions, creating project specific templates that prepared each of the youth to facilitate focused group discussion regarding their selected priority topic and equipped each youth with the ability to design action plans in partnership with other youth to address the needs, concerns or wants outlined within the 2017 Youth Summit.





In the month leading up to the Summit, MYAB members filled out speech templates which outlined their topic area including the action which resulted from the original topics of the 2015 Youth Summit. They rehearsed these speeches in front of youth from the Monica Roybal Youth Center After School Program, their peers, adult-co facilitators, and city staff.

IV. The Youth Summit Participants

Before beginning the recruitment of Youth Summit participants, the MYAB, Children and Youth Commission, Eagle Rock, and AmeriCorps VISTA representatives first had to identify what type of participant would be needed and necessary to contribute to the Youth Summit. Then, the goal was to create an action plan that identified goals, objectives, action steps and outcomes for each of the priority areas.









It was decided that the voices of all teens was critical, as MYAB wanted to create an action plan that would meet the needs, wants and concerns of all youth throughout Santa Fe. The "Youth" is defined as being between the ages of 13 to 21 years old. Another critical component to the recruitment process was that the youth had to be representative of the demographics of Santa Fe from all socioeconomic and ethnic backgrounds. The final component to the recruitment process was to identify which critical "adult" leaders in the community needed to be a part of the process to assist the youth facilitators within their group discussions.



Recruitment

MYAB and Children and Youth Commission convened a series of independent meetings with public, private, tribal and charter school officials and local juvenile justice and nonprofit organizations who specialized in working with disconnected youth.

The team formulated the purpose and rationale of the Youth Summit and asked the schools and organizations to select youth by whom they thought would be great participants and contributors to the Summit. Organizations were encouraged to select youth between the ages of 13 to 21, as MYAB wanted to ensure that all voices were represented during the Summit.

In addition, the team met and discussed what Community Leaders needed to be included and recruited to participate in the Youth Summit. The team agreed that the leaders had to be stakeholders who could assist the youth in pushing forth their action plans either through policy or funding.

300 youth were recruited from the following areas: All Santa Fe Public Schools, All Santa Fe Charter Schools, St. Michaels High School, Santa Fe Preparatory School, New Mexico School for the Deaf, Santa Fe Indian School, YouthWorks, Youth Shelters, Santa Fe County Juvenile Detention Center, Santa Fe Community College.





Principal community leaders were invited to either speak or participate as co-facilitators: Mayor Javier Gonzales; City Councilor, Renee Villarreal; Representative from the Police Chief's Office; Children and Youth Commission Chair, Joanne Lefrak; Children and Youth Commission Member, Daniel Slavin; County Assessor, Gus Martinez; Interim Community Services Department Director, Chris Sanchez; Youth and Family Services Program Manager, Julie Sanchez; Juvenile Justice Senior Planner, Richard DeMella; Superintendent, Roy Herrera; Santa

Fe Community Foundation Vice President, Joohee Rand; Santa Fe Community Foundation Director of Collective Impact, Katherine Courtney; Santa Fe Mountain Center Healthy Transitions Program Manager, Bea Velazquez-Morales; Human Services Committee Member, Bryan Serna; Immigration Committee Member, Susan Hayre;

This year the Mayor's Children, Youth, Community Cabinet in partnership with the Santa Fe Birth to Career Collaboration hosted six AmeriCorps VISTAs whose assignment included assistance with planning, outreach and implementation of the Santa Fe Youth Summit.

Other youth facilitators included members of the Student Wellness Action Team, students from the Santa Fe Indian School and the Santa Fe Community College's Student Ambassadors Program.



V. The Summit

The Identified Goals of the Youth Summit

When planning the Youth Summit, our youth leaders discussed and prioritized the following goals and requirements:

- The Summit needs to be broken into manageable breakout sessions consisting of no more than 25 youth per session.
- Each group required a youth facilitator who was supported by an AmeriCorps VISTA member and an adult co-facilitator.
- Each of the 6 identified priorities areas were to be addressed within 2 one-hour breakout sessions and each youth facilitator needed to be proficient with their chosen topic.
- Action plan updates were presented early on by the youth facilitator on their chosen topic.
- Action plans needed to be developed for 2 of the new identified priority areas of Behavioral Health/Substance Abuse and Immigration.
- Suggestions to further the progress of the 7 priority areas was needed.
- Time needed to be allocated for lunch, entertainment and speakers.
- Most important goal: ensure that all youth voices were heard and captured with the action planning component of the breakout sessions.
- Have fun!

Youth Summit Facilitators and Co-Facilitators

The youth summit facilitators were composed of youth from the Mayor's Youth Advisory Board, the SFCC Young Ambassadors Program and the Santa Fe Mountain Center. Each youth was able to choose their topic of interest based on their own experience with the topic, perspective of the topic and passion towards creating community change around that topic.

The Youth Summit was a half-day event so, youth facilitators, AmeriCorp VISTAs and cofacilitators felt that in order to get a dialogue going, at a minimum the youth participants needed to be broken into 15-25 youth per session. Because the Summit had 300 youth participants, MYAB had to create two one-hour breakout sessions per facilitator and co-facilitator.

As in 2015, this year's summit was geared strictly towards youth so adult facilitation of the groups was kept a minimum. Adult co-facilitators acted more as note takers, topic guiders and active listeners than facilitators.



Welcome Kick-off

The Youth Summit kicked off at the Santa Fe Indian School on March 31st, 2017 with a traditional prayer by a student of the Santa Fe Indian School and ceremonial welcome by their student drum group. The Santa Fe Indian School's Superintendent Roy Herrera opened the Summit followed by an introductory speech by Mayor Javier M. Gonzales, who welcomed all youth participants and guests; he was then joined by City Councilor Renee Villarreal. Anastacia Galloway, Professional Development Associate, Eagle Rock, then laid out the agenda for the Summit. MYAB Chair Anthony Rivera introduced the topics and his board members.









Once the ground rules were established, youth facilitators led ice-breaker activities in an effort to begin building relationships and trust with their participants/groups. The facilitators then moved into each of their priority topics. Updates on current projects were shared and groups were tasked with developing additional planning, providing feedback, and expressing their concerns on the priority topic area.





After the breakout groups finished meeting together, the youth rejoined the entire group for individual share outs where a representative youth or MYAB member presented on the discussion that resulted from their group. Each of the breakout groups summarized their discussion, suggested actions related to their priority area. Youth participants then enjoyed lunch provided by Real Burger.

Closing

At this point in the afternoon, Youth Summit participants, facilitators and co-facilitators were exhausted from the work conducted during the Summit. MYAB passed out commitment forms for the youth to continue their work individually and extended the opportunity to join the MYAB next year. The Youth Summit was then closed with a prayer from the Santa Fe Indian School.

VI. Call to Action Plans

As noted previously, during preparation for the 2017 Youth Summit MYAB picked 6 out of 12 areas of support to focus on. The following pages summarize the outcome of the 2017 Youth Summit discussions including the Call to Action Plans identified in each topic area:

- 1. Job Opportunities for Youth
- 2. Alleviate Financial Stress
- 3. Lack of Community Activities
- 4. Bullying
- 5. Support for Homeless Youth
- 6. Behavioral Health & Substance Abuse
- 7. Immigration

Priority Topic: Job Opportunities for Youth

<u>Concern/Need/Want:</u> Youth indicated that there is a lack of job opportunities within the City of Santa Fe.

Barriers:	Action Steps:
 Because of the high minimum wage, youth are not able to compete with older, more experienced individuals Lack of skills and/or work experience that employers are requiring for their vacancies or lack of educational degree required for the job that some youth, who have dropped out of school, do not qualify Fluency in English or other language limitations Access to transportation Judgement on appearances –tattoos, piercings etc. Trying to balance school and work 	 Design and implement a Job Center that would: Train on standard of holding a job Educate the youth about businesses who employ youth Teach and assist youth with filling out applications Teach job interview skills - what to wear, what to expect during an interview Inform about businesses that provide job shadowing and/or internships Make it more feasible to work while staying in school i.e.) receive school credit for working or work study

2017 Updates/Suggestions:

Current Projects:

- Future job center
 - o Collaboration with workforce development, state, city, YouthWorks, business community, etc.
- Innovate + Educate
 - Santa Fe Advance study and data recommendation release

- School preparing for work force:
 - More programs/courses for dual credit
 - Networking opportunities to speak with professionals and community leaders
 - More career days to hear from professionals about specific skills
- Opportunities for all students to get training on how to apply for jobs and create resumes, not just AVID students
- Have a school based program where people can donate nice clothes for youth to use for interviews
- More school based resources on volunteer work, workshops and internships to get job training
 - Help desk-community info/navigation office for community programs
- Have a community based career day specifically for teens
- Banks having free financial literacy training specifically for youth
- Training for youth on how to deal with employers in tough situations
- Have the business community have flexible work situations for teens to accommodate school
- Have a job tester rotation to try out different jobs in the field for real life scenarios
- Implement an in-school internship like a work study

Priority Topic: Alleviate Financial Stress

<u>Concern/Need/Want:</u> More and more youth in Santa Fe are experiencing poverty, which is leading to higher rates of truancy, drop-outs, criminal activity, substance abuse, hunger, health and mental health issues.

Barriers:	Action Steps:
 Children who live in poverty do not have the same access to opportunities and support systems Families have a hard time affording health care benefits Families sometimes do not have food Families live in substandard housing Families receive lower wages Youth have fewer job opportunities Youth cannot afford childcare so they are dropping out to either stay home with younger sibling/s and/or looking for work to help the family Youth drop out because their lack of money for clothes, lunch and field trips is embarrassing 	 Design and implement career pathways, job training and apprentice programs for traditional and non-traditional to help youth and parents develop the tools and skills they need to succeed Design a program that will help families afford basic necessities as well as large expenses such as job training programs or a car repair Find ways to help families receive paid family, maternity and sick leave options for their mom and dad, as well as a work schedule for parents to take care of children in times of need without the threat of losing employment and a secure source of income for their families. Provide incentives to keep youth involved in school to include tutoring and after-school programs that focus on alleviating financial stress Provide easier access to supplies and meals Provide financial classes to include: Budgeting, Checking and Saving Accounts, filling out financial forms, etc.

2017 Updates/Suggestions:

Current Projects:

- Resource center within the Teen Center
 - o alternative pathways

- Get a stipend or a coupon book for good grades
 - Local youth tax exemption
 - Youth microloans to accommodate family need with work/grade programs
- Paid mentoring and tutoring opportunities
- Have an art gallery for youth where they get paid for having their artwork in it
- High school led fundraiser to help students whose families are in need of money
- Free youth clinic

Priority Topic: Lack of Community Activities

<u>Concern/Need/Want:</u> Youth indicated that there is a lack of youth-driven activities, places to hangout for fun in Santa Fe or a center where youth can access resources.

Barriers:

- Santa Fe is built more for tourists than teens
- Not all teens participate or receive notification of Teen Night Activities/Events
- Lack of or no space dedicated to all youth
- No place for young parents to hang-out that has child care
- No Center or place for teens to gather to discuss life issues, essential needs, socialize or get help with tutoring or educational support and/or job searches
- No Arcade/Trampoline Gym/Putt Putt or any other fun activities for youth
- Recreational Centers/Movie Theaters are unaffordable
- Closest bowling alley is in Pojoaque
- Youth are not working together to voice their needs and wants
- No safe and neutral place for creating graffiti

Action Steps:

- Design and Implement a Teen Resources Center that contains the following:
 - o Job Center
 - Educational Support to include Tutoring, help with Financial Aid, College navigating or being reconnected to a nontraditional educational pathway
 - O Technology Room Computers and Printers
 - o Teen Café space to hangout and eat
 - o Life Skill and Financial Training
 - O Entertainment: Concerts, Pool Tables, Ping Pong Tables, Basketball Courts, etc.
 - o Mentors/Counselors/Family Support
- Locate and implement a Graffiti Building, which is dedicated to mural art for youth
- Create a music and dance club
- Bring back a drive-in theater
- Bring a Putt-Putt and also local facilities like Itz, Cool Springz, Gravity Park, Laser Tag, Paintball, Volleyball Courts
- Movie Nights for Teens
- Bring in more concerts for Teens
- Create a Video Game Competitive Gaming Location (Esport)/Arcade

2017 Updates/Suggestions:

Current Projects:

- Summer passport-Collaboration with the Art Commission, AmeriCorps VISTA and the city
- SWAT staycation
- Warehouse 21 teen nights

- A place to go to hang out with:
 - o 5-7 (afterschool activities)
 - Do not need parent signature
- Teen Center:
 - Locker rooms with showers
 - o Classes: drama, writing, art, sewing
 - o Computer lab/homework study area

• Free food or dollar menu

Additional Comments:

- Everything is overpriced because of tourists
- Local activities are geared towards adults
- Need a place where youth can laugh and talk without bothering adults
- Lack of or difficult access to transportation
- Busses:
- Frequented by drug addicts,
- Sexual harassment is prevalent,
- Carrying food/eating on the bus is taboo
- Galleries and museums do not change exhibits often enough and do not showcase local art enough
- Mall:
- Needs better upkeep and cleanliness
- Needs more shops
- Update and keep clean golf area
- House an arcade or bowling alley
- Better food court
- Comic-Con:
- Needs a youth priced option
- Is too far from town
- Should not be held at a casino

Priority Topic: Bullying

<u>Concern/Need/Want:</u> Youth indicated that bullying is one of the biggest epidemics they face, which is leading to truancy, dropping-out of school, suicide attempts and substance abuse.

Barriers:

- Students have repeatedly reported bullying to school officials to only have it get worse
- No system is place for parents and/or student to access or use to stop bullying
- When reported, the bully and the person being bullied are not separated and no notification is made to parents about the situation, investigation or precautions that will be taken to protect the student being bullied
- No follow-up with the students reporting the bullying
- Lack of training or information being provided to teachers, parents and students on what bullying is and how to report it and stop it
- Teachers target and bully students
- School bus transportation is another location where bullies target their victims
- There are language barriers for parents and students to know their rights

Action Steps:

- Conduct a student survey to determine the following:
 - o percentage of students who are bullied
 - o understand or know how to report bullying
 - o ways to feel safe
- Focus on having student assemblies at all grade levels to talk about bullying
- Create a support group for students who have been or are currently being bullied
- Establish a 24hr, 7 days a week hotline, where students could report bullying
- Provide current up-to-date training for teachers, principals and parents on all the steps of reporting the bullying, a system established for protecting the student and a follow-up process to inform the student being bullied of the actions or steps taken to stop the bullying incident.
- Provide help for the bully
- Have schools show anti-bullying movies. Maybe create an anti-bullying movie with local students to spread the message.
- Have inspirational speakers talk to students about bullying
- Adults need to listen to the kids!

2017 Updates/Suggestions:

Actions Taken:

- The City of Santa Fe Afterschool and summer programs revised their bullying policy
- The Santa Fe Public Schools begin collaboration with the City of Santa Fe to align their bullying policy

- Training for students to teach them how to stand up for themselves and others
- Assemblies are not creating effective change because the message is not impactful and may be delivered in a relaxed manner by the motivational speaker
 - Create an effective video depicting the results of bullying
 - Have a panel of former bullies to discuss real issues
- Have a 24/7 text counseling line
- Have identifiable safe spaces in schools that students are allowed to go to at any time and teachers with safe

zone training at every school in Santa Fe

- Have students, parents, teachers and administrators enter into a non-bullying contract
- Stop forcing the victim to confront the bully in counseling
- Social media campaign to raise awareness about resources and reassuring victims it is ok to speak up

Priority Topic: Support for Homeless Youth

<u>Concern/Need/Want:</u> Youth indicated that there is a growing number of homeless youth in Santa Fe.

Barriers:

• Schools are not educated in identifying youth who are homeless or do not care

- Homeless youth are:
 - O afraid to tell or acknowledge that they are homeless
 - o afraid or ashamed to seek help
 - o lack understanding or knowledge of systems that can help them
- Homeless youth do not have proper school records, which often leads to incorrect classroom placement
- Homeless youth have difficulty staying at the same school for an entire school year
- Homeless youth do not have access or know where to access medical, mental health, eye or dental care
- Lack of thorough screening of background checks for foster parents

Action Steps:

- Partner with public schools and conduct ongoing training as it relates to homeless youth
- Create a better system to identify homeless youth students and provide help
- Create a partnership with homeless youth and NM CYFD to discuss background checks and foster parents. Homeless youth can help CYFD learn what happens with foster parents who are not screened properly
- Create a support group for homeless youth to help them understand how to navigate systems that will help them.
- Work with Homeless Youth Shelter to promote independence and job, tax and general education
- Work with Food Depot to provide more routine food-drives to improve homeless youth health
- Develop a homeless youth campaign for other homeless youth to know that the community cares and wants to help with essential needs
- Work with government to develop a wraparound support system
 that includes health and mental health care, housing, utilities,
 reengagement, alternative educational pathways, work, internships
 or apprenticeships, childcare and parenting classes, etc.
- Create dorms specific for homeless youth

2017 Updates/Suggestions:

Current Projects

- Recognizing the need of homeless youth the emergency shelter, ShelterNow!, was developed in January 2017
 by interfaith leaders and community partners as an emergency solution to twenty five young adults ages 18-24
 who have had no place to live.
- Teen resource center
- Alternative Pathways through SFPS

- Advertise current shelters through social media channels
- Raise awareness about EBT and other affordable food options
- Implement rent-control and have affordable housing for youth within Santa Fe
 - Start a program to assist youth in paying for temporary housing
- Start a 'homeless for a day' or shadow a homeless youth program so affluent students can understand their

homeless peers

- Give homeless youth the opportunity to make choices without parent permission
 - Make all sign ins for shelters anonymous
 - o Better resources/guidance for emancipation
- More fundraisers and events that are centered around homeless youth
 - O Schools should have a year round shoe and clothing drive for homeless students
- Have a drop off/pick up location within schools for personal hygiene supplies
- Have a free laundry facility in the community for homeless youth
- Have daycare and child assistance available for homeless youth
 - Help young parents get all supplies for raising their children (toys, food, clothing) or specific needs
- Training for students, adults and law enforcement on how to approach homeless youth
- Have a better holding location for homeless youth than Juvi/Jail or the hospital
 - Partner with schools to use gyms for shelters at night
 - Host families to take in a youth for a night

Priority Topic: Immigration

<u>Concern/Need/Want:</u> Youth who are Latino/Hispanic or immigrants are more likely to drop-out of school, not attend college or find a career within Santa Fe.

Barriers:	Action Steps:
 No programs geared or targeted for immigrants within public schools Classes being taught are taught in English, not in Spanish aside from ESL Lack of Bilingual Teachers in schools Feel out of place/not accepted Not able to speak Spanish because school faculty is not bilingual Continual bullying of immigrants in schools Resources in schools and community do not match immigrants needs Lack of support/counseling with someone who speaks and understands Spanish Lack of awareness as it relates to immigrants Hard to access or receive work permits Lack of Spanish speaking college or career counselors 	 Work with schools, colleges, government agencies and community to design programs that target the needs and wants of immigrant youth Work with schools to develop Spanish speaking classes Work on recruiting Spanish speaking teachers Develop a program that helps eliminate bullying Create a campaign that brings together immigrant youth to work on an awareness campaign and identify what additional resources are needed that are in alignment with their needs and motivations/passions/goals Create a youth-immigration day Work with community-based programs to help parents learn English Create a Center that provides resources to help immigrants with resources, work readiness, job placement, college or trades, career pathways, etc.

2017 Updates/Suggestions:

- Jobs where documentation is not required for employment
- Scholarships available for immigrant students
- Raise awareness about resources for youth and their families to get help, documentation or create a plan should they get deported
- Have community conversations and campaigns to change profiling and discrimination of immigrants
- Have rules in place within educational institutions against profiling and discrimination based on immigration status
- Have a system in place to help youth who are left behind after their parents are deported
- Train teachers to set an example for all youth to be treated the same despite immigration status
- Build a soccer field on the Southside for the immigrant community

Priority Topic: Behavioral Health/Substance Abuse

<u>Concern/Need/Want:</u> Youth experience barriers and stigma towards seeking help in recovery services and/or mental health services.

Barriers:	Action Steps:
 There is a stigma around having mental health issues Counseling is expensive and rarely covered by healthcare Few are educated about substance abuse and mental health, especially in schools There are no drop in counseling services There is no anonymous service to get help with addiction Few youth have a positive influence in their life Peer pressure and availability of drugs leads youth to become addicted Family and friends do not understand these issues 	 Teen Resource Center Positive support Peer support/advice Free/low cost counseling Group to open up and learn to communicate Health center Education for parents/families House youth groups Have knowledge on community resources Educate school staff about how to handle students with mental health issues Set up an anonymous help line Have speakers at school assemblies who have had mental health issues or recovered from substance abuse Train teachers and youth to be good listeners
2017 Undated Suggestions	

2017 Updates/Suggestions:

Current Projects:

• Planning of a parents/community symposium through the Human Services Committee (upcoming in Fall 2017)

Additional Topics from 2015 Youth Summit:

Although these topics below we're not addressed during the last Youth Summit, they continue to be woven into the discussions and actions of MYAB and subgroups will be formed to design implementation plans of the following action items.

Topic: Healthier Food in Schools

<u>Concern/Need/Want:</u> Youth indicated that there is a growing rate of health issues to include: obesity, high blood pressure, etc. among youth in the community and a lack of nutritious food being provided at school.

Barriers:	Action Steps:
 Lack of funding and prioritizing healthy and nutritious food and snacks in public schools Not enough time to prepare or cook healthy meals Limited time to teach nutrition because teachers have to focus on meeting state academic standards Implementing healthier foods runs the risk of students buying fewer lunches resulting in loss of needed revenue Schools pay for special activities or other items not covered in school budget with profits from vending machines and/or snack bar sales 	 Fundraising to get healthier foods in schools Donations or discounts from farmers for healthier foods Encourage healthy eating habits at home Develop and implement community gardens Implement healthier and fresher foods in schools Restrict other less healthy food choices in the lunch and snack menu and vending machines Work with schools to modify recipes to lower fat content in popular foods Encourage health eating by integrating nutrition lessons into reading and math classes Enlist help from parents, community organizations and businesses
2017 Updates/Suggestions:	

Topic: Kids Physical Education in Schools

Concern/Need/Want: Youth indicated that there is a lack of Physical Education in Schools.

Barriers:	Action Steps:
 P.E. is not an essential or core part of academics Lack of funding designated to P.E. P.E. is not a requirement Bullying takes place during P.E./Recess Lack of P.E./Physical activity has contributed to poor physical and mental health With the decreased physical activity in schools, inappropriate classroom behavior has increased. 	 Partner with schools and design strategies to incorporate more physical activities through the school day Meet with School Board and create a partnership to bring more physical activities/P.E. back to schools because it increases academic success, better physical and mental health, and social development Partner with community to find more funding to help schools with: P.E. Teachers Equipment Uniforms Shoes For schools that have some sort of P.E./Physical Activities, develop activities that all students can participate in. For schools that do not have P.E./Physical Activities, partner with community programs to provide recreational activities to students.
2017 Updates/Suggestions:	

Topic: Sports for Girls

<u>Concern/Need/Want:</u> Youth indicate that sports and sporting activities are more geared for boys, rather than it being equal for girls.

Barriers:	Action Steps:
 Lack of female coaches Lack of funding for both genders, so funding is allocated to boys. Media focuses on boy sporting events and athletes Lack of co-ed sport teams 	 Work with schools to understand how funding is divided between male and female sports Survey all sports and verify how many female coaches are coaching. Create a campaign to recruit more female coaches Work with media to cover more female sports and athletes. Maybe create a "Female athlete of the Week" section in the newspaper Create co-ed sports teams Designate specific places for girls to play sports
2017 Updates/Suggestions:	
• Santa Fe Dukes, a female football team Football Alliance	was developed in 2014 and in 2017 became a member of the Women's

Topic: School Funding (& Other)

<u>Concern/Need/Want:</u> Youth indicated that there is not enough funding within public schools or college and would like to know where money is being spent or how to access money.

Barriers:	Action Steps:
 Lack of art, music, computers and software in all schools Text Books being used are from the 1990's and should be replaced Cannot access or receive any help in understanding where and what school funding is being spent on Teachers are not being paid what they should be; therefore instruction is lacking in the classrooms Other: Truancy and Dropout rates are increasing 	 Partner with schools and create a system that includes youth in understanding where funding is being spent in schools Allow student/s to join School Board as a voting member Create partnerships with people who can fund or help fund extra-curricular activities: City, County, and Private funders and/or partner with the community to provide hands-on experiences, mentorships or other free extra-curricular activities Create fundraising projects Sign out computers or books to students and they are responsible for them Divert funds from things less important; cut testing; have renewable energy in schools, such a solar panels and solar roadways Create a survey for teachers and see why they need to be more successful in their jobs. Other: Truancy: Meet with youth who are truant or have droppedout and find out why, what can be done to reconnect them and what needs to be put into place to keep youth from being truant or dropping-out of school College Readiness: Create a program that helps youth understand what college is and how they can access money to pay for college Create a program in public schools that ensure that youth are college ready
2017 Updates/Suggestions:	

VII. Moving Forward

Presentations: After the Youth Summit, the youth facilitators, in partnership with the MYAB, were left with the important questions of how to move forward with the outcomes and action plans presented at the Youth Summit. In an effort to spread awareness of the action plans as a result of the Youth Summit, the youth leaders, presented at the Opportunity Santa Fe Summit put on by the Santa Fe Birth to Career Collaboration. The MYAB in partnership with city staff and community partners are pushing forward the development of the Teen Resource Center, Youth Job Center, and are exploring revamping the MYAB in partnership with SWAT, SFCC Youth Ambassadors, the Santa Fe Mountain Center and the Santa Fe Indian School to be inclusive of all Santa Fe's youth. In addition, all action plans will be updated and strategies discussed for implementation.



Evaluation of the Youth Summit

Following the Youth Summit, the youth facilitators, Eagle Rock, MYAB and Children and Youth Commission met and discussed the overall process.

Overall, participants, facilitators and co-facilitators felt that the process went well, although improvements could be made for the next Youth Summit. Suggestions include:

- Creating groups in a "C" shape for deaf/hard of hearing youth
- Having more time for discussions explore full day instead of half day
- More team-building exercises
- Groups for the adults who brought the youth to the summit

Eagle Rock did a great job in facilitating the training of the youth leaders leading up to the Youth Summit and did a great job supporting and motivating the youth leaders at the Summit.

Facilitators and co-facilitators did a great job and presented very well. It was evident that youth summit participants were engaged and contributing the in-depth discussions regarding the priority focus areas being discussed.

Challenges

Although the consensus was that the Youth Summit was a success, there were some challenges. The following items were identified as challenges:

- As it was during the last summit, the initial trainings provided by Eagle Rock for the
 youth leaders was difficult to ensure that all youth attended each training session in
 preparation for the Youth Summit. Because of school functions to include scholastic or
 sports, youth could not make every training session.
- Confirming speakers and arranging entertainment for the event was a challenge.
- Coordination with schools on the names and number of youth attending.

VIII. Conclusion

This report summarizes the creation and execution of the 2017 Youth Summit designed to bring our youth together to generate action plans to improve the needs, wants and concerns addressed through the Youth Summit. It outlines the planning, execution and follow-up stages of the Summit from 2015. It also presents the new 2 priority areas with "Call to Action" plans identified by the youth throughout Santa Fe. The Summit demonstrates that young people can be involved in planning a forum to showcase youth voice, they can lead targeted discussions on pertinent issues in the community and they can have a voice in identifying needs for change in their community. It also shows that youth can present those findings to a larger group of youth and community members.

The sincere hope of MYAB and its partners is that this report and future Youth Summits inspire others to provide youth with opportunities to offer their voice to generate solutions to addressing their needs, wants and concerns. Although there is still work to be done, the Youth Summit helped begin a dialogue about addressing the needs, wants and concerns of youth within the community.